

Enjoy Sharing Relaxation & Fun

Interactive Indian Head Massage

Group Parties

(Friends, Exercise Groups or Classes)

- *EXPERIENCE THE POWERFUL AND SUBTLE ANCIENT ART OF INDIAN HEAD MASSAGE.*
- *LEARN AND EXPERIENCE HOW TO EASE THE ACHES AND STRAINS FROM UPPER BACK, SHOULDERS NECK & FACE?*
- *A VERY AFFORDABLE MOBILE SERVICE ADDING FUN AND SKILLS TO ANY GET TOGETHER*
- *\$25 PP OR \$15 PP FOR GROUPS OF 10 OR MORE.*

20% Off

FOR TRAINERS
AND ENTRANTS
OF THE 20
WEEKBODY AND
LIFESTYLE
COMPETITION

Interested? For more information or to make a booking contact Beverley Dodd on

02102 618208 or beverleydodd@hotmail.com

BODY WAVES

PERSONAL TRAINER PLUS

FOR NATURAL HEALTH